

**Stens  
Corporation**

***THE BEST IN  
BIOFEEDBACK  
TRAINING & SYSTEMS  
FROM THE BEST NAME  
IN BIOFEEDBACK***

## **EQUIPMENT CATALOG 2010**

The Next Generation in Biofeedback  
Monitoring Device

# **NeXus-10**

BlueTooth Wireless

Records up to 24 hours on *FLASH memory*



**BioTrace+ Software**  
Supports TRUE dual monitor setup

**Biofeedback Training • Instrumentation • Books • Tapes & Videos  
• Electrode & Supplies • Patient Trainers**

Visit our Web Site: [www.stens-biofeedback.com](http://www.stens-biofeedback.com)  
or email us at [sales@stens-biofeedback.com](mailto:sales@stens-biofeedback.com)

# NeXus-10

with **BioTrace+ Software**

*“Your LINK to the WIRELESS future of Physiological Monitoring and Biofeedback”*



The **NeXus-10** is a **10-channel** Physiological Monitoring & Feedback platform that utilizes BlueTooth Wireless Communication and Flash Memory Technologies. NeXus-10 offers data acquisition at up to 2048 samples per second. The advanced technology preamps enjoy independent 24 bit A-D converters per channel with DC coupled amplifiers, allowing for DC to 512Hz (0dB) recording including raw EEG, ECG, EMG, EOG, true DC and other Slow Cortical Potentials. Because this system uses carbon cables with active shielding, movement and noise levels are very low by design.

- ✓ **BlueTooth wireless** technology offering a **REAL TIME** connection to your PC.
- ✓ **High grade connectors** (brushed aluminum) with low noise carbon cables and active shielding
- ✓ **4 Fast Inputs (2048 Samples/sec)** offering ultra high 24 bit resolution for EEG, EMG, ECG, EOG, & **Slow Cortical Potentials** (ports A,B,C,D)
- ✓ **Records up to 24 hours on FLASH memory**
- ✓ **2Digital Inputs** for Oximetry, Pulse, and EVENT recording (ports I & J)
- ✓ **4 Inputs** (ports E,F,G,H) for any combination of Respiration, BVP, HR, SCL/GSR Temperature

## Main Features:

- 10 input channels
- Wireless connection up to 20 yards.
- Flash memory module support
- 24 bit ADC output
- 4 fast EXG channels at 2048 samples/sec
- 6 AUX channels at 128 samples/sec
- High grade push-pull connectors
- Solid, sturdy design + carry case.
- Runs with BioTrace+ software
- Class 2A medical device (CE)
- **EXG sensors: EEG, EKG, EMG, EOG** *(all above capacities with 1 sensor)\*\**
- EEG 2-Channel (Sintered Ring Electrode)
- SCP (Slow Cortical Potential)
- AUX sensors: Respiration, Skin conductance (GSR), Oximetry, High resolution temperature, BVP (photoplethysmography)

## Typical Applications:

- Physiological research
- Clinical Psychophysiology
- Wireless data logging over 24 hrs
- Physical Medicine
- Movement Analysis
- Biofeedback applications
- Neurofeedback & SCP training
- Sports physiology
- Human performance & movement analysis
- HRV (heart rate variability) research
- Wellness, Stress response studies

## Sensors:

BVP finger	\$350	BVP headband	\$350
Respiration	\$350	SCP**	\$395
Temp	\$250	SC/GSR	\$350
<b>EXG**</b>	\$395	EEG**	\$395
Oximetry sensor	<i>(call for pricing)</i>		
NX-REF-TP for EEG & SCP	\$ 80		
NX-REF1-SN for EMG, EOG, ECG	\$ 85		
EL-TP-RNG sintered set of 5	\$120		
EL-TP-RNG-DISP set of 10 disposable	\$ 50		

\*\*Indicates dual channel

**Hardware w/Software Starting at.....\$4695**

**NeXus-4**



**4-Channel Bluetooth Wireless  
Offering 2 Fast - 2 Auxiliary Channels**

- **2 Fast Channels** offering ultra high **24 bit** resolution for EEG, EMG, EOG & other DC signals at up to 1024 samples per second!
  - **2 Aux Inputs (24 Bit) for any combination of Respiration, BVP (Blood Volume Pulse/Heart Rate), Skin Conductance, Galvanic Skin Response, or Skin Temperature.**
  - **Records up to 24 Hours on FLASH** memory (i.e. EEG, ECG, or HRV, etc.)
  - **High Grade Connectors** (brushed aluminum) with low noise carbon coated cables & active shielding (Sensors are compatible with NeXus-10)
  - **Portability:** this is a handheld system that fits in the pocket. It runs on 2 standard (rechargeable AA batteries)
- NeXus-4 with BioTrace+ Software..... \$3195.  
(for Sensor pricing refer to page 1)**

**NeXus-32 &  
NeXus-16**

*Flexible 16 or 32  
Channel Monitoring and  
QEEG*



NeXus-32

**Short Summary of Key  
Features for the 16 & 32:**

- **Integrates QEEG data acquisition** with full neurofeedback & multi-modal Biofeedback functioning

- **QEEG and Feedback** platforms with USB 2.0, BlueTooth Wireless & Flash Memory
- **Real-time topographic** Neuromapping with programmable frequency bands & parameters
- **Data export to several standard QEEG** database formats Support for binary ASCII formats including EDF.
- **Direct-X:** Fast and responsive virtual instruments with smooth accelerated graphics.
- **Slow Cortical Potentials and ERP** Carbon coated cables with active shielding so movement artifact and

50/60 Hz noise levels are very low by design!

- **Switch on the fly** between 1 to 12 active screens
- **Instantly change feedback parameters & digital**
- **True dual monitor support** in high resolution
- **Built-in screen editor.**
- **Data acquisition is supported** at up to 2048 samples per second.
- **Advanced technology** preamps use independent 24 bit AD converters per channel with DC coupled amplifiers allowing for DC to 800Hz.

*(for Sensor pricing please call 800-257-8367)*



NeXus-16

**The standard configuration of the NeXus-16 supports:**

- 8 bi-polar EXG channels for EMG, ECG, EOG or EEG
- 7 Auxiliary channels for Respiration, BVP, SC/GSR and Temperature in any combination.
- 1 Digital channel for Oximetry and digital event synchronization (ERP)
- NeXus-16 custom built to suit your research criteria

**\$23,995.00**

*(Prices are subject to change due to the Euro-- Quotes will be honored for 30 Days)*

**J&J Engineering I-330 C2+  
6 or 12-Channel**



The C2+ 12 has 4 differential channels for EMG, ECG, EEG, 8 channels for TMP, SC/GSR, and RSP. Provides power, flexibility, & functionality for a multitude of customized uses. The C2+6 has 2 channels for EMG, SC/GSR, TMP. Fast channel sampling at 1024 and SPS for high-resolution spectral displays and precision filtering, and SPS for high-resolution spectral displays and precision filtering.

WindowsXP or older Windows versions

- 2-person monitoring for ECG, HRV, Respiration, Skin Resistance or Conductance, and Temperature
- 2-4 EMG channels with spectral and raw signal displays, 2-4 Skin Resistance and Conductance, 2-4 Temperature
- ECG, 1-2 EMG, 1-2 Respiration, 1-2 Skin Resistance, 1-2 Temperature
- 1, 2, or 4 EEG channels, Respiration, SR, Temperature

**C2+12 Channel.....\$3195.00**

**C2+6 Channel.....\$1995.00**

**BrainMaster Discovery 24**



training. It is available for field testing. Very affordable! Call for special pricing today.

24-channel EEG and DC amplifier. It is fully compatible with QEEG systems such as NeuroGuide, Loreta, SKIL, and WinEEG, and incorporates BrainMaster training capabilities including amplitude and connectivity training, including Live Z-Score

**BrainMaster Atlantis 2x2, 4x4**

2 or 4 channels of EEG & 2 or 4 channels of AUX signals for additional biofeedback modalities. Includes continuous real-time impedance checking and recording; Total Immersion with photic, vibratory and auditory feedback. Direct Current (DC) and Slow Cortical Potential (SCP) measurement, using Triamp amplifier design; Stand alone device (using 3.0 software updates projected availability 4Q 2006 – 4Q 2008)

**Atlantis I 4x4 .....\$2695**

**Atlantis II 2x2 .....\$1695**

**The emWave PC System**



The emWave PC Stress Relief System® with Patented Heart Rhythm Monitor will help you transform stress & anxiety into vibrant energy. Through this revolutionary technology guides you on how to achieve higher, more creative energy levels, less stress, and optimal health (includes ear sensor).....**\$299.00**

**Finger Sensor ..... \$25.00**

**emWave Personal Stress Reliever**

Provides advanced mobile technology that will help reduce the negative effects of stress, allowing you to experience greater health, more energy, & improved emotional & mental clarity. Complete ear sensor, charger, carrying case, and Coherence Coach CD.....**\$199.00**

**Replacement Ear Sensor..... \$25.00**

**Resperate Ultra**



All the power of the original RESPeRATE in just half the size. Featuring a large, enhanced display, fewer buttons and simple menus. Includes an Interactive Tutorial, Computerized unit with smart algorithm, Breathing sensor, Built in memory to track progress, Batteries, instruction manual, Detachable Sensor Belt, Ear buds & carry case. Portable!

**Resperate Ultra.....\$349.95**

**Resperate Ultra Duo (for 2 people).....\$399.95**



**NEW!! David Delight  
Newest Member of the  
Pal Family**

**The Delight has 10 preset sessions and audio sync for your CD's** Battery-operated, portable unit -small enough to fit in your pocket! Very cost effective!! Audio-visual Entrainment, Cranial-electro Stimulation, & Heart Rate Variability.

**David Delight AVE with HRV.....\$295**

**David Pal Audio-Visual Entrainment w/ HRV.....\$260**

**Pal36. .... \$320**

**Pal36 CES.....\$495**

**CESta Cranial Electric Stimulation.....\$350**

**Oasis II CES/Micro-TENS.....\$350**

**Alert ADD/ADHD .. . . . \$330**

**Thought Stream**



The Thought Stream is the world's first complete (GSR) personal biofeedback training system that you can use at home. This system can be purchased as a stand alone device or can include Mental Games which turns the whole process into a fun game! The games are played by controlling what's happening on the screen with your mind and body (2 set levels: 1- Psychophysiological & 2-Sensomotoric)

Thought Stream with Mental Games .....\$129

Thought Stream only.....\$104

**Stress Eraser**



Simple to use: 1. Place your finger in the pulse sensor 2. Synchronize your breathing to the screen's Breathwave 3. In just a few minutes, your mind feels calm & your body relaxed. Practiced 15 min. a night, in 2 wks. feel more relaxed & calm just by changing your ergotropic tuning. Complete with instructions & carrying case. **\$179.00**

**SC911 Stress Thermometer**

**The SC911 is a pocket-sized biofeedback thermometer. It monitors finger temperature with ease, and also includes time-of-day clock.** This personal biofeedback trainer is easy to use, portable, & accurate to 1/10 of a degree Fahrenheit. It reads temperatures between 58 – 158 degrees F (approx. 14.5 to 70.0 Celsius) and displays it on a 3/4" high digital Liquid Crystal Display. The reading updates every 2 seconds. **\$19.95**

**BIOFEEDBACK SOFTWARE**

**NEW! Professional Suites for Nexus:**

Created by Matter of Mind

**#1: Ultra-low Frequency Neurofeedback Module**-Train to 0.01 Hz. Includes 9 screens with multiple inhibits, HRV & other peripherals, & comprehensive protocol guide

**#2: Alpha-Theta Synchrony**-Train 2 channel A-Theta synchrony with multiple inhibits, HRV & other peripherals. Includes protocol guide.

**#3: Audio-Visual Library for Bio- & Neurofeedback**-840 puzzles in 14 categories. Includes 14 screen designs, all puzzles included in high resolution, medium resolution, and as DVDs. 42 soundtracks can be used individually.

**Each Suite \$150.00**

**Biofeedback Marketing Guide**

Created by Lynn A. Hone

**An indispensable CD guide for marketing your business!** From image to direct mail, presentations to websites – things we should have learned in college! A *Stens exclusive* – with every registered CD, Lynn will provide one-half hour of *free* consultation! **\$149.00**

**The Breath Metronome**

A windows oriented software, which resides on your desktop. Ideal for assisting in teaching of calm respiratory rhythms & a metered breath. It is based in the "resonant frequency" training paradigm for teaching HRV at 0.1hr. Can be used with any training software, including the NeXus-10 with BioTrace Software **\$20.00**

**BIOFEEDBACK SOFTWARE CONTINUED**

**The Wild Divine Project: The Healing Rhythms**

An enchanting adventure for the mind, body, & spirit that links special biofeedback equipment with your computer. • Reduce stress & anxiety • • Enhance creativity & intuition • Greater awareness of mind & body • Improved mental & physical performance. Interactive biofeedback training (HRV & GSR) to relieve stress, achieve relaxation & well-being. 2009 Version Software PC or MAC.....\$299.00



**Adams Interactive Physiology**

Perfect for lecture or lab, this bundle is filled with detailed animations, video, sound and engaging quizzes and games that will help you bring physiology to life. All eight Interactive Physiology modules - Cardiovascular System, Muscular System, Respiratory System, Nervous System Urinary System, Fluids & Electrolytes, Nervous II, and the Endocrine system.....\$150



**Dual Driver Pro**

Simulated Racing Software; Working with HRV & GSR. Dual Driver can be used with the Wild Divine's Healing Rhythms Light Stone & finger sensors; compatible with the BioTrace+ software



**\$149.00 (with Sensors \$295)**

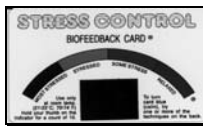
**BIOSOURCE**  
**(BCIA Test Preparation Software)**

**Biofeedback100.....\$50.00**  
Provides an up-to-date and comprehensive review for the BCIA Certification Exam in Biofeedback. This 1-year internet service-multiple-choice exams - Question pool exceeds 450+ questions.  
**Neurofeedback100.....\$50.00**  
Provides an up-to-date and comprehensive review of EEG. 1 yr. internet service - access to a question pool of 400+ questions.  
**NEW! Biofeedback Tutor.....\$75.00**  
22 tutorials professionally-illustrated tutorials, reinforced by 28 video segments and animations, and covers over 750 learning objectives that can be viewed with a web browser from the CD-ROM drive. Each tutorial has a 10 multiple choice test provided.

**I.V.A.+Plus** Integrated Visual & Auditory Continuous Performance Test for an accurate diagnosis & differentiation of the 4 types sub-types of ADHD (10 test included) **\$ 499**  
**IVA+ Unlimited USE \$1,895 Teachers Unlimited \$ 895**  
**(includes Report Writer!!!) Price above is initial fee \$99 per year renewal**  
**T.O.V.A.\_ A.D.D. Assessment Test /Variables of Attention**  
An objective standardized test to screen, diagnose, & monitor treatment of children and adults with attention deficits. Includes 5 tests.  
**T.O.V.A. Visual Test \$ 395 Auditory Test... ..\$ 375**  
**TO.V.A. AV Auditory & Visual Test.... ..\$ 395**  
Unlimited use for schools K-12 with \$100.00/year subscription  
Colleges and Universities \$200.00/year

**Patient Accessories**

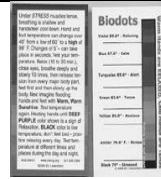
**Stress Control Cards..... 3.95 each**  
Can be personalized with name, address, and phone number.  
Artwork charge of \$75.00.(250 minimum order)



**Stress Control Cards**  
10-49 cards 3.50 each  
50-99 cards 3.25 each  
100-249 cards 3.00 each  
250+ cards 2.85 each



36 squares for Hand/foot temp. ranges over 40°F from a low of 60° to as high as 99° F



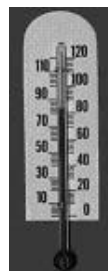
20 Biodots— a 10 degree range from 79.6° F. to 89.6°F (great for hand warming training)

**Stress Square Instructional Cards**  
w/ 36 Stress Squares  
**BioDots Instructional Cards**  
w/ 20 dots  
....8.00 each  
*Please call for additional pricing for larger quantities*  
*Can be personalized with name, address, and phone number. Artwork charge of \$75.00.(1,000 minimum order)*



**Biotic Band II.....6.00 each**  
**10+ bands...5.50 each**

Finger temperature indicator ranges from 78°F to 98°F. (+ or - 0.5°F).Color digital scale and temperature changes allow reading to within 0.5°F. Inexpensive and ideal for repeat use for home practice.



**BF-199's**Hand held thermometers.  
Inexpensive, easy to use again & again.  
Personalize with name, address, phone-one time artwork charge (1,000 min)  
**0-99 .45 each**  
**100-499 .44 each**  
**500-999 .43 each**  
**1000-4999 .42 each**  
**5000-9999 .41 each**

## CONDUCTIVE CREAM AND GEL

**Signa Conductive Cream \$6.00/5oz bottle**

Electrode conductive crème, non-irritating, bacteriostatic and non-abrasive. Conductive, abrasive skin prep.

**NuPrep EEG & EMG Prepping gel (pack of 3)**

**4oz tube** Abrasive skin prepping gel **\$30.00**

**Ten20 Conductive EEG Paste (avail. In tube or jar)**

4 oz. EEG conductive paste (pack of 3) **\$27.00**  
 8 oz. EEG conductive paste (pack of 3) **\$45.00**

**Spectra 360 Electrode Gel** Electrode conductive gel

salt free, corrosion resistant **8 oz. Tube \$ 7.75**

## BIOFEEDBACK SUPPLIES

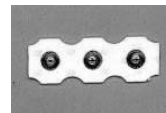
### Electrodes and Supplies

**PG-100 Electrodes ..... 76.00/pkg**  
**5+pkg ..... 72.00/pkg**



Pre-gelled disposable electrodes, 6-per-strip, snap connectors with blue backing (150/1box, 2box=1pkg)

**B-100 Biotrodes ..... 75.00/pkg**  
**5+pkg ..... 71.25/pkg**



Dry, disposable snap electrodes. Recessed gel-cup. 3 per strip. (Includes 60 GM. Signa Gel tube. (150/1box, 2box=1pkg)

**4630 Pre-gelled moveable ..... 47.50/pkg**  
**10+pkg ..... 45.00/pkg**



White cloth electrodes with snap connectors, 6 per strip, hypoallergenic 150/pkg

**Triode™ Electrodes..... 65.00/pkg**  
**5+pkg. .... 62.00pkg**



Pre-gelled, disposable, round foam. 100/pkg. MBS part #.....**MBSTRSP** Davicon part #..... **AE-131**

**Effortless Respiration** Sensor for the original J&J I330 **\$175.00**  
*this is a replacement for the RS300 & PS2* Pair of Sensors **\$335.00**  
 Snap Adapter for JJ I330 **\$ 60.00**

**John Anderson Electrodes**

(2) EEN 87HD Ear clip Electrodes and (2) SED 87 Disc electrodes.....**\$65.00** use with din extender T8740...**\$50.00**

**SED 87 Disc Electrode**  
 Wire Length 48" Teflon Wire.....**11.25 ea**

**EEN 87HD Ear Clip Electrode**  
 Wire Length 48".....**21.25 ea**

**EKG Pre-gelled Electrodes**

**If you like Unigel's, you'll love these dynamic electrodes**



Disposable pre-gelled, 150 per package. ....**\$30.00**

**2RT3's EEG & EMG Electrodes..... 32.00/pkg**


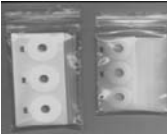

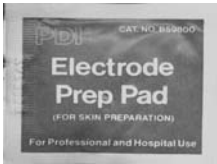


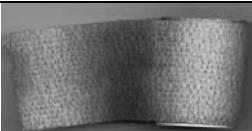


**2RT3 RINGTRODE**  
 Disposable Pregelled Hard Plastic Disc Electrodes  
 50 snap and 100 adhesive gel discs in a pack.

**Duotrode EMG Electrode..... 70.00/box**



Pre-gelled, paired, snap electrodes. Ideal for closely spaced placements. (120 pair = 240 electrodes/box)

<b>Electrodes and Supplies (Cont'd)</b>	
<p><b>MB-Ear Clip</b>  <b>Set.....\$16.00/pkg</b>            Set includes 1 pair of clips and 10 electrodes            Great for EEG can be used with the NeXus system</p>  <p>Silver/Silver Chloride electrodes fit easily into the ear clips. Can be used several times.</p>	<p><b><u>EMG Sensor Trainers</u></b>  <b>MBS 6340/6330 Vaginal or Anal Sensors</b>  <b>For the NeXus-10.....56.00 each</b></p> <p>Single user re-usable continence training EMG sensors. May require Perry sensor adapter (\$20) to connect to standard EMG snap leads.</p>
 <p><b>AD-25</b> – Adhesive disks with double-sided adhesion for use with J&amp;J SE-25 and SE-40 (99/pkg.)  <b>M-2</b> – Autogenic's Adhesive disks. (1.5" diameter 99/pkg.)</p> <p style="text-align: right;"><b>9.50/pkg</b></p>	<p><b>SE-35 EDG Electrode..... 9.00/pkg</b></p>  <p>Velcro finger-tip electrode, for skin conductance or resistance (2/bag)</p>
<p><b>PDI Alcohol/Pumice Prep Pad..... 15.00/box</b></p>  <p>PDI Electrode Prep Pad with Pumice and alcohol. Great for EMG/EEG skin abrasion preparation. (100 packets per box)</p>	<p><b>Norotrode 120 Electrode.....75.00/box (120 pairs/box)</b>  <b>Norotrode 130 Electrode.....75.00/box (100 pairs/box)</b></p>  <ul style="list-style-type: none"> <li>• Disposable pre-gelled, movable, paired 2cm (120's) or</li> <li>• 3cm (130's) spacing with snap connectors.</li> <li>• Great for dynamic EMG training.</li> </ul>
<p><b>SE-12 Electrode Pellets.....15.00/bag</b>  <b>SE-20 Electrode Cup.....30.00/bag</b></p>  <p>SE-20 - Disposable EEG cup for holding SE-12 pellets when snapped into MV-1 snap lead wires. (288/bag includes 1 SE-12)</p>	<p><b><u>Sample Electrode Bag</u>..... 35.00/bag</b></p> <p>Not sure which electrodes? Why not try a sample of the most popular styles?</p> <p>6-4630 • 5 pair Duotrodes • 4 Triodes • 4 B-100 • 6 PG-100 • 1 Norotrode 120 &amp; 130 • T3404 • BF-199 • Stress Dot Card • Stress Control Card • PDI Prep Pad • 6 T3425</p>
<p><b>Coban Tape.....3.50/roll</b>  <b>Coban Tape.....39.00/case</b></p> 	<p>Self-adhesive, breathable, tape. Excellent for temperature thermistor wrapping to finger as well as Heart Rate (PPG) sensor wrapping (helps to block out light artifact from PPG sensor). 2 inch (12/case)</p>

## Book List

*For a full description of these products please visit our website*

*Rec. ★ - Instructor Recommended Reading*

<u>Qty.</u>	<u>Price</u>	<u>Title</u>	<u>Author</u>
Rec.	★14.00	A Symphony in the Brain	Robbins
Rec.	★50.00	Art of Artifacting	Hammond & Gunkelman
_____	35.00	ADHD A Clinical Workbook, 2 <sup>nd</sup> Edition, 1998	Barkley, Murphy
_____	30.00	ADHD in Adolescents - Diagnosis & Treatment, 1998	Arthur L. Robin
_____	18.95	Addiction Workbook (Paperback), 1996	Fanning & O'Neill

	14.95	Adult ADD: The Complete Handbook	Sudderth & Kandel
	21.95	Anger Control Workbook, 2000	McKay, & Rogers
	24.95	Anxiety & Phobia Workbook, 4th Edition 2005	Bourne
	17.95	<b>Awareness Heals, 1997</b>	Shafarman
<b>NEW!</b>	★25.00	<b>Basic Neurotherapy</b>	<b>Swingle, Ph.D.</b>
	65.00	<b>Bean's Notes: Summaries of the BCIA Study Guide Articles</b>	Rothenberg
	8.95	Be the Boss of Your Pain (kid's health & wellness)	Culbert, M.D., Kajander, R.N.
	8.95	Be the Boss of Your Sleep (kid's health & wellness)	Culbert, M.D., Kajander, R.N.
	8.95	Be the Boss of Your Stress (kid's health & wellness)	Culbert, M.D., Kajander, R.N.
	19.95	Be the Boss of Your Pain Kit (includes interactive tools)	Culbert, M.D., Kajander, R.N.
	19.95	Be the Boss of Your Sleep Kit (includes interactive tools)	Culbert, M.D., Kajander, R.N.
	19.95	Be the Boss of Your Stress Kit (includes interactive tools)	Culbert, M.D., Kajander, R.N.
<b>Rec.</b>	★80.00	<b>Biofeedback Mastery: An Experiential Teaching &amp; Training Manual</b>	<b>Peper, Ph.D.</b>
<b>Rec.</b>	★14.95	<b>Biofeedback and Somatics, 1995</b>	<b>Criswell</b>
<b>Rec.</b>	★60.00	<b>Biofeedback: A Practitioner's Guide, 3rd Edition, Soft Cover</b>	<b>Schwartz</b>
<b>NEW!</b>	★24.95	<b>Biofeedback for the Brain</b>	<b>Swingle, Ph.D.</b>
	30.00	Body Remembers: Psychophysiology of Trauma & Trauma Treatment 2000	Rothschild
<b>Rec.</b>	★19.95	<b>Break Through Pain &amp; CD</b>	<b>Shinzen Young</b>
<b>Rec.</b>	★14.95	<b>Breathe Well, Be Well</b>	<b>Fried</b>
	32.00	<b>Building Your Ideal Private Practice/Therapists &amp; Healing Prof.</b>	<b>Grodzki</b>
<b>Rec.</b>	★19.95	<b>Chronic Pain Workbook</b>	Lewandowski, Kroening
★★★	102.00	<b>Clinical Applications in sEMG</b>	Cram, Kasman, Wolf
	24.95	Continence with Biofeedback	Trunnell
	29.00	Coping with Chronic Pain (Softcover), 1990	Hanson & Gerber
	97.00	<b>Coping with Chronic Stress, Hardcover</b>	Gottlieb
	14.95	Daily Relaxer, The, 1997	McKay & Fanning
	12.95	Deep Healing: The Essence Of Mind/Body Medicine, 1997	Miller
<b>Rec.</b>	★40.00	<b>Doing Neurofeedback</b>	<b>Soutar, Richard Ph.D.</b>
	69.00	<b>EEG in Clinical Practice, 3rd Edition</b>	<b>Hughes</b>
<b>Rec.</b>	★118.00	<b>EEG Primer</b>	<b>Fisch</b>
<b>Rec.</b>	★15.00	<b>Emotional Brain, The, Softcover</b>	<b>LeDoux</b>
	19.95	<b>An End to Panic</b>	<b>Elke Zuercher-White</b>
<b>Rec.</b>	★54.95	<b>Essentials of Clinical Neurophysiology, 3<sup>RD</sup> Edition, 1997</b>	<b>Misulis</b>
	18.95	Fibromyalgia Help Book	Fransen
<b>Rec.</b>	★14.95	<b>Fine Arts of Relaxation, Concentration, &amp; Meditation</b>	Joel & Michelle Levey
	21.95	<b>Fibromyalgia &amp; Chronic Myofascial Pain Workbook</b>	Starnyl & Copeland
<b>Rec.</b>	★35.00	<b>Getting Started with Neurofeedback</b>	<b>John Demos, M.A.</b>
	19.95	<b>The Habit Change Workbook</b>	Claiborn & Pedrick
	29.50	Healthy Computing with Muscle Biofeedback	Peper, Gibney, Holt
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	15.95	Overcoming Panic, Anxiety & Phobias: Strategies to Free Yourself	Babior & Goldman
	29.95	Overcoming Specific Phobia Therapist Protocol, 1998	Bourne
	15.95	Overcoming Specific Phobia Client Manual, 1998	Bourne
	50.00	Psychology and Physiology of Breathing, 1993	Fried
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<b>Rec.</b>	★99.95	<b>Quantitative EEG and Neurofeedback</b>	<b>Evans &amp; Abarbanel</b>
	21.95	Relax & Renew; Restful Yoga for Stressful Times, 1995	Laster

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_____	<b>21.95</b>	<b>Relaxation &amp; Stress Reduction Workbook - 5h Edition, 2000</b>	<b>Davis, Eshelman &amp; McKay</b>
_____	24.00	Relaxercise, 1990	Zemach-Bersin & Reese
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_____	16.95	Self-Esteem Cognitive techniques for maintaining Self Esteem	McKay, Fanning
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_____	14.95	Taking Control of Headaches	Guilford Publication
_____	14.95	Taking Control of TMJ	Uppgaard
_____	29.95	30 Scripts for Relaxation Imagery & Inner Healing, Vol. 1 1992	Tusk
_____	29.95	30 Scripts for Relaxation Imagery & Inner Healing, Vol. 2 1993	Tusk
_____	21.95	Thoughts & Feelings – Taking Control of Moods & Life	McKay, Davis & Fanning
<b>Rec.</b>	<b>★12.95</b>	<b>Transforming Anger</b>	<b>Childre &amp; Rozman</b>
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**Audio Tape & CD List**

_____	★★	<b>18.00</b>	<b>Affirmations for Healing CD</b>	<b>Ellen Chernoff Simon</b>
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_____		<b>13.95</b>	<b>Applied Relaxation Training CD</b>	<b>McKay &amp; Fanning</b>
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_____		19.95	Brain: Repairs & Maintenance Hemi-Sync CD	Hemi Sync
_____		<b>19.95</b>	<b>Break Through Pain (CD &amp; book)</b>	<b>Shinzen Young</b>
_____		<b>24.95</b>	<b>Breathing – The Master Key to Self Healing CD</b>	<b>Weil</b>
_____		16.95	Calm Down: Relaxation & Imagery CD Skills for Managing Stress, Anxiety	Babior & Goldman
_____		49.95	Chronic Pain Relief CD	M. Mark Wexler, Ph.D.
_____		19.95	Daily Relaxer 2-CD set great companion to the book by the same name	McKay & Fanning
_____		16.95	Down With High Blood Pressure CD	Emmett E. Miller
_____		16.95	Easing into Sleep CD	Emmett Miller
_____		17.95	Einstein's Dream (1 Tape, 30 mins per side)	Hemi Sync
_____		40.00	Flying Relaxed (Overcome fear of flying - 4 tapes)	Spevack
_____	★★	<b>58.00</b>	<b>Food for Thought (CD set)</b>	<b>Ellen Chernoff Simon</b>
_____		39.95	Freeing Yourself From Fear (3 tapes)	E. Miller
_____		<b>19.00</b>	<b>Gateway to Inner Peace CD (AUTOGENICS)</b>	<b>Sarena Morello, M.S.</b>
_____		16.95	Headache Relief CD: Clinically Tested Techniques of Deep Relaxation	Emmett E. Miller
_____		16.95	Healing Journey CD	Emmett E. Miller
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_____	★★	21.00	Huff and Puff and Music Stuff CD w/ guided relaxation for kids	Boston
_____		16.95	Letting Go Of Stress CD: 4 Techniques for Relaxation & Stress Reduction	Emmett E. Miller
_____		13.95	Meditation and Autogenics CD	McKay & Fanning
_____		49.95	Migraine Relief, CD	Mark Wexler, Ph.D.
_____		19.95	Pain Control – Activate the Mind-Body Connection CD	Hemi Sync
_____		13.95	Passive Muscle Relaxation CD	Schwartz and Haynes
_____	★★	<b>18.00</b>	<b>Preparation for Successful Surgery CD</b>	<b>Ellen Chernoff Simon</b>
_____		<b>13.95</b>	<b>Progressive Relaxation &amp; Healing CD</b>	<b>McKay</b>
_____		19.95	Relax Human Plus CD	Hemi Sync
_____		16.95	Relax...Let Go...Relax CD Guided Meditation: Masculine & feminine voice	Whole Person Assoc.
_____		16.95	Relaxation & Inspiration CD	Emmett E. Miller

	<b>39.95 Relaxation &amp; Stress Mgmt Training Prgm - Home Edition, (3 CD's)</b>	<b>Charlesworth &amp; Peiffer</b>
	72.00 Relaxercise Sensory Motor Learning – 4-CD's	Zemach-Bersin & Reese
	19.95 Resonant Tuning - Mind Food CD	Hemi Sync
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★★	<b>58.00 Smoke Free: Smoking Cessation Program (CD set)</b>	<b>Ellen Chernoff Simon</b>
	30.00 Somatic Exercise Yoga (3 tapes)	E. Criswell-Hanna, Ed.D.
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	15.95 Sound Healing – enable natural state of balance & harmony CD	Steven Halpern
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	40.00 Stress Control w/ Biofeedback ( 4 tapes)	Sideroff
	13.95 Stress Reduction CD	McKay
	16.95 Stress R-E-L-E-A-S-E CD	Whole Person Assoc.
	19.95 Synchronizing Hemi Sync CD	Hemi-Sync
	16.95 Take a Deep Breath CD	Hemi-Sync
	14.95 The Way of Hemi-Sync Mind-Food (CD)	Hemi-Sync
	11.95 Thought Stopping (CD)	New Harbinger
	7.95 Time Out From Stress - Volume 1 (1 tape)	Music (New Harbinger)
	7.95 Time Out From Stress - Volume 2 (1 tape)	Music (New Harbinger)
	72.00 TMJ Health 4 CD's	Zemach-Bersin & Reese
★★	<b>99.00 Turning Pain into Serenity CD set</b>	<b>Harve Meskin, M.F.T.</b>
	16.95 Warm and Heavy CD (Warm-Female/Heavy-Male)	
	17.95 Why People Don't Heal (2 tapes)	Caroline Myss
	16.95 Worry Stoppers CD: Breathing & Imagery to Calm the Restless Mind	Whole Person Associates

### Video List

	24.95 Biofeedback: Yoga of the West	Hartley Film foundation
	29.95 Body, Mind and Spirit (38 minutes)	Hartley Film Foundation
	39.95 Fitness in the New Age	Hartley
	39.95 Fun of Stress (2 videos- Joy of Stress & Humor Your Stress)	Loretta LaRoche
	29.95 Healing and Wholeness	Hartley Films
	29.95 The Healing Tape	Hartley Films
	29.95 Holistic Health	Hartley Films
	29.95 How To Be Exceptional (40 min.)	Siegel
	29.95 Hypertension: The Mind/Body Connection (28-min.)	E. Green & A. Green
<b>NEW!!</b>	<b>49.95 Imaginative Medicine: Hypnosis in Pediatric Practice (DVD)</b>	<b>Sugarman</b>
	19.95 The Inner Art of Meditation	Jack Kornfield
	39.95 Fun of Stress VHS	LaRoche
	19.95 Joy of Stress DVD	LaRoche
	49.95 Mind-Body Integration	Thinking Allowed
	29.95 Quantum Healing with Deepak Chopra, M.D.	Hartley Films
	39.95 Sleep Eazy-Fall Asleep, Stay Asleep Easy (1book, 1 tape, 1video) 1999	Sarena Morello
	29.95 Therapeutic Touch: Healing Through Human Energy Fields (35 min.)	Krieger

### Instructor's Classroom & Lab Manuals

	60.00 Manual for Professional Biofeedback & Neurofeedback Seminar	Hughes & Anderson
	75.00 BK-NeXus Lab for Biofeedback	Tony Hughes, Ph.D.
	45.00 BK-NeXus Lab for Neurofeedback	John Anderson, M.A.



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