



**Stens**  
CORPORATION

*The BEST in Biofeedback  
Training & Systems  
from the BEST  
Name in Biofeedback*

# Equipment Catalog

**Exclusive Distributor of the NeXus Family  
of Biofeedback and Neurofeedback  
Monitoring Equipment.**

**Now introducing the Newest Member**



**BlueTooth Wireless or USB connection! Records  
Sample rates up to 8192 per second. Record up  
to 36 hours on Flash Memory.**

**Biofeedback Training ▪ Instrumentation ▪ Books ▪ Tapes & Videos  
▪ Electrodes & Supplies ▪ Patient Trainers**

**Visit our Web Site: [www.stens-biofeedback.com](http://www.stens-biofeedback.com)  
Or email us at [sales@stens-biofeedback.com](mailto:sales@stens-biofeedback.com)**

# NeXus-10 Mark I & Mark II

with **BioTrace+ Software**

*“Your LINK to the WIRELESS future of Physiological Monitoring and Biofeedback”*



The NeXus-10 family offers 1- to 16-channels of Physiological Monitoring & Feedback plat-form that utilizes either USB or BlueTooth Wireless Communication and Flash Memory Technologies (up to 24+ hours). NeXus-10 Mark I offers data acquisition at up to 2048 samples per second. The NEW Mark II with digital technology offers 8192 samples per second. The advanced technology preamps enjoy independent 24 bit A-D converters per channel with DC coupled amplifiers, allowing for DC to 512Hz (OdB) recording including raw EEG, ECG, EMG, EOG, true DC and other Slow Cortical Potentials. Because this system uses carbon cables with active shielding, movement and noise levels are very low by design.

- ✓ **USB or BlueTooth wireless** technology offering a **REAL TIME** connection to your PC.
- ✓ **High grade connectors** (brushed aluminum) with low noise carbon cables and active shielding
- ✓ **4 Fast Inputs (2048 Samples/sec Digital 8192 s/s)** offering ultra high 24 bit resolution for EEG, EMG, ECG, EOG, & **Slow Cortical Potentials** (ports A,B,C,D)
- ✓ **Records up to 24 hours on FLASH memory**
- ✓ **2-16 Digital Inputs** for Oximetry, Pulse, and EVENT recording
- ✓ **4 Inputs** (ports E,F,G,H) for any combination of Respiration, BVP, HR, SCL/GSR Temperature

## Main Features:

- 10-16+ input channels
- Wireless connection up to 20 yards.
- Flash memory module support
- 24 bit ADC output
- 4 fast EXG channels at 2048-8192 samples/sec
- AUX channels at 128 samples/sec
- High grade push-pull connectors
- Solid, sturdy design + carry case.
- Runs with BioTrace+ software
- Class 2A medical device (CE)
- **EXG sensors: EEG, EKG, EMG, EOG** (all above capacities with 1 sensor)\*\*
- EEG 2-Channel (Sintered Ring Electrode)
- SCP (Slow Cortical Potential)
- AUX sensors: Respiration, Skin conductance (GSR), Oximetry, High resolution temperature, BVP (photoplethysmography)

## Typical Applications:

- Physiological research
- Clinical Psychophysiology
- Wireless data logging over 24 hrs
- Physical Medicine
- Movement Analysis
- Biofeedback applications
- Neurofeedback & SCP training
- Sports physiology
- Human performance & movement analysis
- HRV (heart rate variability) research
- Wellness, Stress response studies

## Sensors:

BVP finger	\$360	BVP headband	\$360
Respiration	\$360	SCP**	\$395
Temp	\$275	SC/GSR	\$360
<b>EXG*, EEG*, SCP*</b> (Dual Channel)			\$395
NX-Linked Ear			\$150
Oximetry sensor			\$895
NX-REF-TP for EEG & SCP			\$ 80
NX-REF1-SN for EMG, EOG, ECG			\$ 85
EL-TP-RNG sintered set of 5			\$ 120
EL-TP-RNG-DISP set of 10 disposable			\$ 50

## **NeXus-10 Mark I**

**Hardware w/Software Starting at.....\$4695**

**NeXus-10 Mark II.....\$4895**

**NeXus-4**



**4-Channel BlueTooth Wireless  
Offering 2 Fast - 2 Auxiliary Channels**

- **2 Fast Channels** offering ultra high **24 bit** resolution for EEG, EMG, EOG & other DC signals at up to 1024 samples per second!
- **2 Aux Inputs (24 Bit)** for any combination of **Respiration, BVP (Blood Volume Pulse/Heart Rate), Skin Conductance, Galvanic Skin Response, or Skin Temperature.**
- **Records up to 24 Hours on FLASH** memory (i.e. EEG, ECG, or HRV, etc.)
- **High Grade Connectors** (brushed aluminum) with low noise carbon coated cables & active shielding (Sensors are compatible with NeXus-10)
- **Portability:** this is a handheld system that fits in the pocket. It runs on 2 standard (rechargeable AA batteries)  
**NeXus-4 with BioTrace+ Software..... \$3195.**  
*(for Sensor pricing refer to page 1)*

**NeXus-32 & NeXus-16**

*Flexible 32 Channel Monitoring and QEEG*



**Short Summary of Key Features :**

- **Integrates QEEG data acquisition** with full neurofeedback & multi-modal Biofeedback functioning
- **QEEG and Feedback** platforms with USB 2.0, BlueTooth Wireless & Flash Memory
- **Real-time topographic** Neuromapping with programmable frequency bands & parameters
- **Data export to several standard QEEG** database formats Support for binary ASCII formats including EDF.

- **Direct-X:** Fast and responsive virtual instruments with smooth accelerated graphics. **Slow Cortical Potentials and ERP** Carbon coated cables with active shielding so movement artifact and 50/60 Hz noise levels are very low by design!
- **Switch on the fly** between 1 to 12 active screens
- **Instantly change feedback parameters & digital**
- **True dual monitor support** in high resolution
- **Built-in screen editor.**
- **Data acquisition is** supported at up to 2048 samples per second.
- **Advanced technology** preamps use independent 24 bit AD converters per channel with DC coupled amplifiers allowing for DC to 800Hz.

**for Sensor pricing please call 800-257-8367)  
\$23,995.00**

**Prices are subject to change due to the Euro--  
Quotes will be honored for 30 Days**

**J&J Engineering I-330 C2+  
6 or 12-Channel**



The C2+ 12 has 4 differential channels for EMG, ECG, EEG, 8 channels for TMP, SC/GSR, and RSP. Provides power, flexibility, & functionality for a multitude of customized uses. The C2+6 has 2 channels for EMG, SC/GSR, TMP. Fast channel sampling at 1024 and SPS for high-resolution spectral displays and precision filtering. and SPS for high-resolution spectral displays and precision filtering.

WindowsXP or older Windows versions

- 2-person monitoring for ECG, HRV, Respiration, Skin Resistance or Conductance, and Temperature
- 2-4 EMG channels with spectral and raw signal displays, 2-4 Skin Resistance and Conductance, 2-4 Temperature
- ECG, 1-2 EMG, 1-2 Respiration, 1-2 Skin Resistance, 1-2 Temperature
- 1, 2, or 4 EEG channels, Respiration, SR, Temperature

**C2+12 Channel.....\$3195.00  
C2+6 Channel.....\$1995.00**

**BrainMaster Discovery 24**



24-channel EEG and DC amplifier. It is fully compatible with QEEG systems such as NeuroGuide , Loreta, SKIL , and WinEEG, and incorporates BrainMaster training capabilities including amplitude and connectivity training, including Live Z-Score training. It is available for field testing. Very affordable! Call for special pricing today.

**BrainMaster Atlantis 2x2 , 4x4**

2 or 4 channels of EEG & 2 or 4 channels of AUX signals for additional biofeedback modalities. Includes continuous real-time impedance checking and recording; Total Immersion with photic, vibratory and auditory feedback. Direct Current (DC) and Slow Cortical Potential (SCP) measurement, using Triamp amplifier design; Stand alone device (using 3.0 software updates projected availability 4Q 2006 – 4Q 2008)

**Atlantis I 4x4 .....\$2695  
Atlantis II 2x2 .....\$1695**

**The emWave Desktop System**



The emWave PC Stress Relief System® with Patented Heart Rhythm Monitor will help you transform stress & anxiety into vibrant energy. Through this revolutionary technology guides you on how to achieve higher, more creative energy levels, less stress, and optimal health (includes ear sensor).....**\$249.00**

**Finger Sensor ..... \$25.00**

**emWave 2 Personal Stress Reliever**

Provides advanced mobile technology that will help reduce the negative effects of stress, allowing you to experience greater health, more energy, & improved emotional & mental clarity. Complete ear sensor, charger, carrying case, and Coherence Coach CD.....**\$229.00**

**Replacement Ear Sensor..... \$25.00**

**Resperate Ultra**



All the power of the original RESPeRATE in just half the size. Featuring a large, enhanced display, fewer buttons and simple menus. Includes an Interactive Tutorial, Computerized unit with smart algorithm, Breathing sensor, Built in memory to track progress, Batteries, instruction manual, Detachable Sensor Belt, Ear buds & carry case. Portable!

**Resperate Ultra.....\$349.95**

**Resperate Ultra Duo (for 2 people).....\$399.95**



**NEW!! David Delight**  
**Newest Member of the**  
**Pal Family**

**The Delight has 10 preset sessions and audio sync for your CD's** Battery-operated, portable unit -small enough to fit in your pocket! Very cost effective!! Audio-visual Entrainment, Cranial-electro Stimulation, & Heart Rate Variability.

**David Delight AVE with HRV.....\$295**

**David Delight Pro AVE w/ HRV & CES.....\$525.**

**David Pal Audio-Visual Entrainment w/ HRV.....\$260**

**Pal36. .... \$320**

**Pal36 CES.....\$495**

**CESta Cranial Electric Stimulation.....\$350**

**Oasis II CES/Micro-TENS.. .. \$350**

**Alert ADD/ADHD .. . \$330**

**Wild Divine: Relaxing Rhythms**



An enchanting adventure for the mind, body, & spirit that links special biofeedback equipment with your computer. • Reduce stress & anxiety • Enhance creativity & intuition • Greater awareness of mind & body • Improved mental & physical performance. Interactive biofeedback training (HRV & GSR) to relieve stress, achieve relaxation & well-being. 2009 Version Software

PC or MAC.....**\$299.00**



**Stress Eraser**

Simple to use: 1. Place your finger in the pulse sensor 2. Synchronize your breathing to the screen's Breathwave 3. In just a few minutes, your mind feels calm & your body relaxed. Practiced 15 min. a night, in 2 wks. feel more relaxed & calm just by changing your ergotropic tuning. Complete with instructions & carrying case. **\$179.00**

**SC911 Stress Thermometer**

**The SC911 is a pocket-sized biofeedback thermometer. It monitors finger temperature with ease, and also includes time-of-day clock.** This personal biofeedback trainer is easy to use, portable, & accurate to 1/10 of a degree Fahrenheit. It reads temperatures between 58 – 158 degrees F (approx. 14.5 to 70.0 Celsius) and displays it on a 3/4" high digital Liquid Crystal Display. The reading updates every 2 seconds. **\$21.95**

**BIOFEEDBACK SOFTWARE**

**NEW! Professional Suites for Nexus:**

Created by Matter of Mind

**#1: Ultra-low Frequency Neurofeedback Module**-Train to 0.01 Hz. Includes 9 screens with multiple inhibits, HRV & other peripherals, & comprehensive protocol guide

**#2: Alpha-Theta Synchrony**-Train 2 channel A-Theta synchrony with multiple inhibits, HRV & other peripherals. Includes protocol guide.

**#3: Audio-Visual Library for Bio- & Neurofeedback**-840 puzzles in 14 categories. Includes 14 screen designs, all puzzles included in high resolution, medium resolution, and as DVDs. 42 soundtracks can be used individually.

**Each Suite \$150.00**

**Biofeedback Marketing Guide**

Created by Lynn A. Hone

**An indispensable CD guide for marketing your business!** From image to direct mail, presentations to websites – things we should have learned in college! *A Stens exclusive* – with every registered CD, Lynn will provide one-half hour of *free* consultation! **\$149.00**

**The Breath Metronome**

A windows oriented software, which resides on your desktop. Ideal for assisting in teaching of calm respiratory rhythms & a metered breath. It is based in the "resonant frequency" training paradigm for teaching HRV at 0.1hr. Can be used with any training software, including the NeXus-10 with BioTrace Software **\$20.00**

**BIOFEEDBACK SOFTWARE CONTINUED**

**Somatic Vision Software**

**BIOFEEDBACK GAMES & TOOLS**

**Alive is the foundation of all Somatic Vision Games.** Alive gives you an array of engaging software games designed to help you build mental performance. Uses HRV & GSR modalities.

- Alive Clinical for IOM.....\$395**
- Alive Clin. for emWave.....\$395**
- Alive Clin. W IOM.....\$640**
- Alive Clin. W emWave.....\$540**

- Alive Standard with IOM .....\$395**
- Alive Standard with emWave sensors .....\$295**
- Alive for IOM or emWave.....\$149**
- Dual Drive w/o sensors..... \$99**
- Dual Drive Pro w/sensors .....\$295**

**New-Tropical Heat!**

- Tropical w/o sensors.....\$149**
- Tropical w/ sensors.....\$295**
- Particle Editor.....\$89**
- Inner Tube.....\$79**
- Dual sensor upgrade available.....\$50**

**Adams Interactive Physiology**

Perfect for lecture or lab! Filled with detailed animations, video, sound and engaging quizzes and games that will help you bring physiology to life. 8 Interactive Physiology modules - Cardiovascular System, Muscular System, Respiratory System, Nervous System Urinary System, Fluids & Electrolytes, Nervous II, and the Endocrine system.....\$150



**ThoughtStream GSR**

Personal GSR\* system measures tiny, rapid changes in skin moisture associated with the degree of arousal via a compact palm sensor - audio and visual output. USB connector, portable, compact, very cost effective. LED display &



- Headphones.....\$99**
- Bundled with Mental Games Software.....\$149**

**BIOSOURCE**

**(BCIA Test Preparation Software)**

**Biofeedback100.....\$50.00**  
Provides an up-to-date and comprehensive review for the BCIA Certification Exam in Biofeedback. This 1-year internet service-multiple-choice exams - Question pool exceeds 450+ questions.  
**Neurofeedback100.....\$50.00**  
Provides an up-to-date and comprehensive review of EEG. 1 yr. internet service - access to a question pool of 400+ questions.  
**NEW! Biofeedback Tutor.....\$75.00**  
22 tutorials professionally-illustrated tutorials, reinforced by 28 video segments and animations, and covers over 750 learning objectives that can be viewed with a web browser from the CD-ROM drive. Each tutorial has a 10 multiple choice test provided.

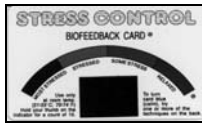
**I.V.A.+Plus**

Integrated Visual & Auditory Continuous Performance Test for an accurate diagnosis & differentiation of the 4 types sub-types of ADHD (10 test included) **\$ 499**  
**IVA+ Unlimited USE \$1,895 Teachers Unlimited \$ 895**  
**(includes Report Writer!!!) Price above is initial fee \$99 per year renewal**  
**T.O.V.A.\_ A.D.D. Assessment Test /Variables of Attention**  
An objective standardized test to screen, diagnose, & monitor treatment of children and adults with attention deficits. ( 5 tests).  
**T.O.V.A. Visual Test \$ 395 Auditory Test.....\$ 375**  
**TO.V.A. AV Auditory & Visual Test.....\$ 395**  
Unlimited use for schools K-12 with \$100.00/year subscription Colleges and Universities \$200.00/year

**Patient Accessories**

**Stress Control Cards..... 3.95 each**

Can be personalized with name, address, and phone number. Artwork charge of \$75.00.(250 minimum order)

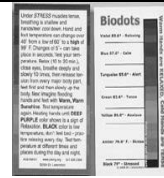


**Stress Control Cards**

- 10-49 cards 3.50 each
- 50-99 cards 3.25 each
- 100-249 cards 3.00 each
- 250+ cards 2.85 each



36 squares for Hand/foot temp. ranges over 40°F from a low of 60° to as high as 99° F



20 Biodots- a 10 degree range from 79.6° F. to 89.6°F (great for hand warming training)

**Stress Squares**

- 36 squares & 3 Inst. Cards.....\$8.00
- Stress Square Sheets of 972.....\$54.00**

**BioDots**

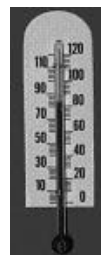
- 20 Stress Squares & 2 Instruction cards.....\$8.00
- 100 BioDots.....\$25.00**

Can be personalized for an additional Artwork charge of \$75.00.(1,000 minimum order)  
Please call for additional pricing for larger quantities



**Biotic Band II.....6.00 each**  
**10+ bands...5.50 each**

Finger temperature indicator ranges from 78°F to 98°F. (+ or - 0.5°F).Color digital scale and temperature changes allow reading to within 0.5°F. Inexpensive and ideal for repeat use for home practice.



**BF-199's**Hand held thermometers. Inexpensive, easy to use again & again. Personalize with name, address, phone-one time artwork charge (1,000 min)

- 0-99 .47 each
- 100-499 .46 each
- 500-999 .45 each
- 1000-4999 .44 each
- 5000-9999 .43 each

**CONDUCTIVE CREAM AND GEL**

**Signa Conductive Cream \$6.00/5oz bottle**

Electrode conductive crème, non-irritating, bacteriostatic and non-abrasive. Conductive, abrasive skin prep.

**Ten20 Conductive EEG Paste (avail. In tube or jar)**

4 oz. EEG conductive paste (pack of 3) **\$27.95**  
8 oz. EEG conductive paste (pack of 3) **\$46.95**

**NuPrep EEG & EMG Prepping gel (pack of 3)**

1/4oz tube Abrasive skin prepping gel **\$31.95**

**Spectra 360 Electrode Gel** Electrode conductive gel

salt free, corrosion resistant **8 oz. Tube \$ 7.75**

**BIOFEEDBACK SUPPLIES**

**Electrodes and Supplies**

**PG-100 Electrodes .....76.00/pkg**  
5+pkg .....72.00/pkg



Pre-gelled disposable electrodes, 6-per-strip, snap connectors with blue backing (150/1box, 2box=1pkg)

**B-100 Biotrodes .....75.00/pkg**  
5+pkg .....71.25/pkg



Dry, disposable snap electrodes. Recessed gel-cup. 3 per strip. (Includes 60 GM. Signa Gel tube. (150/1box, 2box=1pkg)



**BraiNet 10/20 Template**

10/20 BraiNet® Template: for Adults & Children  
Individually packaged color-coded template with 21 scalp electrode placement locations, designed to aid in rapid, accurate placement of full 10/20 system of scalp electrode placement.....\$35.00

**10/20 BraiNet® Template Small 49 - 54cm**  
**10/20 BraiNet® Template Medium 54 - 57cm**  
**10/20 BraiNet® Template Large 57 - 62cm**

**4630 Pre-gelled moveable .....47.50/pkg**  
10+pkg .....45.00/pkg



White cloth electrodes with snap connectors, 6 per strip, hypoallergenic 150/pkg

**Triode™ Electrodes.....65.00/pkg**  
5+pkg.....62.00pkg



Pre-gelled, disposable, round foam.100/pkg. MBS part #.....**MBSTRSP**  
Davicon part #..... **.AE-131**

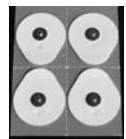
**N120-1 Norotrode**

Ag/AgCl pre-gelled EMG electrodes for surface EMG; hypoallergenic water soluble for quick cleanup. Dual 20-mm placement. (120 electrodes). .....**\$76.00**



**HearTrace EKG Pre-gelled Electrodes**

If you like Unigel's, you'll love these dynamic electrodes!  
Disposable pre-gelled, 100 per package.....\$35.00



**2RT3's EEG & EMG Electrodes.....32.00/pkg**





**2RT3 RINGTRODE**

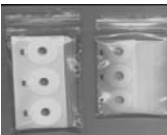

Disposable Pregelled Hard Plastic Disc Electrodes  
50 snap and 100 adhesive gel discs in a pack.

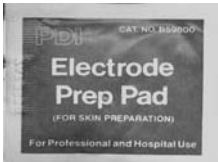

**John Anderson Electrodes**



(2) EEN 87HD Ear clip Electrodes and (2) SED 87 Disc electrodes.....**\$65.00** use with din extender T8740...**\$50.00**  
**SED 87 Disc Electrode** Wire Length 48" Teflon Wire.....**11.25 ea**  
**EEN 87HD Ear Clip Electrode Wire** Length 48".....**21.25 ea**

<p align="center"><b>MB-Ear Clip</b></p> <p>Set.....\$16.00/pkg</p> <p><b>MB Pellets are also available in sets of 10. Call for pricing</b></p> <p>Set includes 1 pair of clips and 10 electrodes</p> <p>Great for EEG can be used with the NeXus system</p>  <p>Silver/Silver Chloride electrodes fit easily into the ear clips. Can be used several times.</p>	<p align="center"><b>EMG Sensor Trainers</b></p> <p>MBS 6340/6330 Vaginal or Anal Sensors</p> <p>For the NeXus-10.....\$56.00 each</p> <p><b>NX-Mini din adaptor.....\$75.00</b></p> 
---	--

**Biofeedback Supplies Cont'd**

 <p><b>AD-25</b>— Adhesive disks with double-sided adhesion for use with J&amp;J SE-25 and SE-40 (99/pkg.).....<b>\$9.50</b></p>	<p><b>SE-35 EDG Electrode</b>..... <b>9.00/pkg</b></p>  <p>Velcro finger-tip electrode, for skin conductance or resistance (2/bag)</p>
---	---

<p><b>PDI Alcohol/Pumice Prep Pad</b>..... <b>15.00/box</b></p>  <p>PDI Electrode Prep Pad with Pumice and alcohol. Great for EMG/EEG skin abrasion preparation. (100 packets per box)</p>	<p><b>Norotrode 120 Electrode</b>.....<b>76.00/box (120 pairs/box)</b></p>  <ul style="list-style-type: none"> <li>• Disposable pre-gelled, movable, paired 2cm (120's) or</li> <li>• 3cm (130's) spacing with snap connectors.</li> <li>• Great for dynamic EMG training.</li> </ul>
---	--

<p><b>SE-12 Electrode Pellets</b>.....<b>15.00/bag</b></p> <p><b>SE-20 Electrode Cup</b>.....<b>30.00/bag</b></p>  <p>SE-20 - Disposable EEG cup for holding SE-12 pellets when snapped into MV-1 snap lead wires. (288/bag includes 1 SE-12)</p>	<p><b>Coban Tape: Hyper allergenic.</b> Self-adhesive, breathable, tape. Excellent for temperature thermistor wrapping to finger as well as Heart Rate (PPG) sensor wrapping (helps to block out light artifact from PPG sensor). 2 inch \$3.50 per roll or Case of 12.....<b>39.00/case</b></p> 
--	--

**Book List**

*For a full description of these products please visit our website*

*Rec. ★ - Instructor Recommended Reading*

<u>Qty.</u>	<u>Price</u>	<u>Title</u>	<u>Author</u>
Rec.	★14.00	A Symphony in the Brain	Robbins
Rec.	★50.00	Art of Artifacting	Hammond & Gunkelman
	17.99	The A.D.D. Book	Sears & Thompson
	35.00	ADHD A Clinical Workbook, 2 <sup>nd</sup> Edition, 1998	Barkley, Murphy
	30.00	ADHD in Adolescents - Diagnosis & Treatment, 1998	Arthur L. Robin
	25.95	AD/HD Forms Book	Asher & Gordon
	21.95	Addiction Workbook (Paperback), 1996	Fanning & O'Neill
	14.95	Adult ADD: The Complete Handbook	Sudderth & Kandel
	21.95	Anger Control Workbook, 2000	McKay, & Rogers
	24.95	Anxiety & Phobia Workbook, 4th Edition 2005	Bourne
	17.95	Awareness Heals, 1997	Shafarman
<b>NEW!</b>	★35.00	Basic Neurotherapy	<b>Swingle, Ph.D.</b>

	8.95	Be the Boss of Your Pain (kid's health & wellness)	Culbert, M.D., Kajander, R.N.
	8.95	Be the Boss of Your Sleep (kid's health & wellness)	Culbert, M.D., Kajander, R.N.
	8.95	Be the Boss of Your Stress (kid's health & wellness)	Culbert, M.D., Kajander, R.N.
	19.95	Be the Boss of Your Pain Kit (includes interactive tools)	Culbert, M.D., Kajander, R.N.
	19.95	Be the Boss of Your Sleep Kit (includes interactive tools)	Culbert, M.D., Kajander, R.N.
	19.95	Be the Boss of Your Stress Kit (includes interactive tools)	Culbert, M.D., Kajander, R.N.
★★★	15.00	<b>Best Alternative Medicine</b>	<b>Pelletier</b>
Rec.	★80.00	<b>Biofeedback Mastery: An Experiential Teaching &amp; Training Manual</b>	<b>Peper, Ph.D.</b>
Rec.	★14.95	<b>Biofeedback and Somatics, 1995</b>	<b>Criswell</b>
Rec.	★65.00	<b>Biofeedback: A Practitioner's Guide, 3rd Edition, Soft Cover</b>	<b>Schwartz</b>
NEW!	★19.95	<b>Biofeedback for the Brain</b>	<b>Swingle, Ph.D.</b>
	30.00	Body Remembers: Psychophysiology of Trauma & Trauma Treatment 2000	Rothschild
Rec.	★19.95	<b>Break Through Pain &amp; CD</b>	<b>Shinzen Young</b>
Rec.	★15.95	<b>Breathe Well, Be Well</b>	<b>Fried</b>
	32.00	<b>Building Your Ideal Private Practice/Therapists &amp; Healing Prof.</b>	<b>Grodzki</b>
Rec.	★19.95	<b>Chronic Pain Workbook</b>	Lewandowski, Kroening
★★★	102.00	<b>Clinical Applications in sEMG (Original Edition)</b>	Cram, Kasman, Wolf
	24.95	Continence with Biofeedback	Trunnell
	29.00	Coping with Chronic Pain (Softcover), 1990	Hanson & Gerber
	17.95	Conquering Carpal Tunnel Syndrome	Butler
	14.95	Daily Relaxer, The, 1997	McKay & Fanning
	12.95	Deep Healing: The Essence Of Mind/Body Medicine, 1997	Miller
Rec.	★40.00	<b>Doing Neurofeedback</b>	<b>Soutar, Richard Ph.D.</b>
	69.00	<b>EEG in Clinical Practice, 3rd Edition</b>	<b>Hughes</b>
Rec.	★129.00	<b>EEG Primer</b>	<b>Fisch</b>
Rec.	★15.00	<b>Emotional Brain, The, Softcover</b>	<b>LeDoux</b>
	19.95	<b>An End to Panic</b>	<b>Elke Zuercher-White</b>
	18.95	Fibromyalgia Help Book	Fransen
Rec.	★14.95	<b>Fine Arts of Relaxation, Concentration, &amp; Meditation</b>	Joel & Michelle Levey
	21.95	<b>Fibromyalgia &amp; Chronic Myofascial Pain Workbook</b>	Starnyl & Copeland
Rec.	★35.00	<b>Getting Started with Neurofeedback</b>	<b>John Demos, M.A.</b>
	19.95	<b>The Habit Change Workbook</b>	Claiborn & Pedrick
	29.50	Healthy Computing with Muscle Biofeedback	Peper, Gibney, Holt
Rec.	★11.95	<b>Heal Yourself: Body, Mind, &amp; Spirit</b>	<b>Marcia Kamph, D.C.</b>
	10.95	HeartMath Research Overview: Exploring Role Heart/Human Perform	HeartMath Foundation
Rec.	★14.95	<b>HeartMath Solution</b>	<b>Childre &amp; Martin</b>
	50.95	<b>How to Build a Thriving Fee-for-Service Practice</b>	<b>Kolt</b>
★★★	89.95	<b>Introduction to sEMG (2010 edition edited by Eleanor Criswell)</b>	<b>Cram, Kasman</b>
	14.00	Living From The Heart: Heart Rhythm Meditation	Bair
	18.95	Living with ADD: Workbook for Adults with ADD, 1997	Roberts, Jansen
	32.95	<b>Make Health Happen</b>	<b>Peper</b>
Rec.	★73.95	<b>Multidisciplinary Approaches to Breathing Pattern Disorders</b>	<b>Chaitow, Bradley, Gilbert</b>
Rec.	★99.00	<b>Neurofeedback Book: An Introduction (BCIA Members \$79)</b>	<b>Thompson &amp; Thompson</b>
	55.00	Outcomes/Incomes: Evaluate, Improve, Market Psychotherapy	Clement
	15.95	Overcoming Panic, Anxiety & Phobias: Strategies to Free Yourself	Babior & Goldman
	29.95	Overcoming Specific Phobia Therapist Protocol, 1998	Bourne
	15.95	Overcoming Specific Phobia Client Manual, 1998	Bourne
	50.00	Psychology and Physiology of Breathing, 1993	Fried
	26.00	Psychological Treatment of Panic	Barlow & Cerny
Rec.	★99.95	<b>Intro to Quantitative EEG and Neurofeedback</b>	<b>Evans &amp; Abarbanel</b>
	21.95	Relax & Renew; Restful Yoga for Stressful Times, 1995	Laster
	17.95	Relaxation: A Comprehensive Manual For Adults Children, ...with special needs	
	21.95	<b>Relaxation &amp; Stress Reduction Workbook</b>	<b>Davis, Eshelman &amp; McKay</b>
	24.00	Relaxercise, 1990	Zemach-Bersin & Reese
	39.95	Respiratory Physiology - The Essentials	John B. West
	19.95	Science of the Heart -Role of the Heart in Human Performance	Heartmath

	17.95	Self-Esteem Cognitive techniques for maintaining Self Esteem	McKay, Fanning
	17.95	Somatics	Hanna
	15.95	Stress Management: A Comprehensive Guide	Edward Charlesworth, Ph.D.
	20.95	Stress Map,	Essi Systems
	11.50	Stress Map's 21-Day Rule Action Planning Workbook,	Essi Systems
	14.95	Stopping: How To Be Still When You Have To Keep Coping	David Kundtz
	14.95	Taking Control of Headaches	Guilford Publication
	14.95	Taking Control of TMJ	Uppgaard
	29.95	30 Scripts for Relaxation Imagery & Inner Healing, Vol. 1	Tusk
	29.95	30 Scripts for Relaxation Imagery & Inner Healing, Vol. 2	Tusk
	21.95	Thoughts & Feelings – Taking Control of Moods & Life	McKay, Davis & Fanning
<b>Rec.</b>	<b>★15.95</b>	<b>Transforming Anger</b>	<b>Childre &amp; Rozman</b>
<b>Rec.</b>	<b>★14.95</b>	<b>Transforming Anxiety</b>	<b>Childre &amp; Rozman</b>
<b>Rec.</b>	<b>★12.95</b>	<b>Transforming Depression</b>	<b>Childre &amp; Rozman</b>
<b>Rec.</b>	<b>★12.95</b>	<b>Transforming Hypertension</b>	<b>Childre &amp; Rozman</b>
<b>Rec.</b>	<b>★14.95</b>	<b>Transforming Stress</b>	<b>Childre &amp; Rozman</b>
<b>Rec.</b>	21.95	Trigger Point Therapy Workbook	Claire Davies
<b>Rec.</b>	<b>★18.00</b>	<b>Why Zebras Don't Get Ulcers, 1998, Updated Edition</b>	<b>Sapolsky</b>

### Audio Tape & CD List

<b>★★</b>	<b>18.00</b>	<b>Affirmations for Healing CD</b>	<b>Ellen Chernoff Simon</b>
	19.95	Attention CD Human Plus	Hemi Sync
	<b>13.95</b>	<b>Applied Relaxation Training CD</b>	<b>McKay &amp; Fanning</b>
	<b>13.95</b>	<b>Body Awareness and Imagination CD</b>	<b>McKay &amp; Fanning</b>
	19.95	Brain: Repairs & Maintenance Hemi-Sync CD	Hemi Sync
	<b>19.95</b>	<b>Break Through Pain (CD &amp; book)</b>	<b>Shinzen Young</b>
	<b>24.95</b>	<b>Breathing – The Master Key to Self Healing CD</b>	<b>Weil</b>
	16.95	Calm Down: Relaxation & Imagery CD Skills for Managing Stress, Anxiety	Babior & Goldman
	16.95	Change the Channel on Pain	Emmett E. Miller
	49.95	Chronic Pain Relief CD	M. Mark Wexler, Ph.D.
	19.95	Daily Relaxer 2-CD set great companion to the book by the same name	McKay & Fanning
	16.95	Down With High Blood Pressure CD	Emmett E. Miller
	16.95	Easing into Sleep CD	Emmett Miller
	17.95	Einstein's Dream (1 Tape, 30 mins per side)	Hemi Sync
	40.00	Flying Relaxed (Overcome fear of flying - 4 tapes)	Spevack
<b>★★</b>	<b>75.00</b>	<b>Food for Thought (CD set)</b>	<b>Ellen Chernoff Simon</b>
	39.95	Freeing Yourself From Fear (3 tapes)	E. Miller
	<b>19.00</b>	<b>Gateway to Inner Peace CD (AUTOGENICS)</b>	<b>Sarena Morello, M.S.</b>
	16.95	Headache Relief CD: Clinically Tested Techniques of Deep Relaxation	Emmett E. Miller
	16.95	Healing Journey CD	Emmett E. Miller
<b>★★</b>	21.00	Huff and Puff and Music Stuff CD w/ guided relaxation for kids	Boston
	16.95	Letting Go Of Stress CD: 4 Techniques for Relaxation & Stress Reduction	Emmett E. Miller
	13.95	Meditation and Autogenics CD	McKay & Fanning
	49.95	Migraine Relief, CD	Mark Wexler, Ph.D.
	19.95	Pain Control – Activate the Mind-Body Connection CD	Hemi Sync
	13.95	Passive Muscle Relaxation CD	Schwartz and Haynes
<b>★★</b>	<b>18.00</b>	<b>Preparation for Successful Surgery CD</b>	<b>Ellen Chernoff Simon</b>
	<b>13.95</b>	<b>Progressive Relaxation &amp; Healing CD</b>	<b>McKay</b>
	16.95	Healing Journey CD	Emmett E. Miller
	19.95	Relax Human Plus CD	Hemi Sync
	16.95	Relax...Let Go...Relax CD Guided Meditation: Masculine & feminine voice	Whole Person Assoc.
	16.95	Relaxation & Inspiration CD	Emmett E. Miller
	<b>39.95</b>	<b>Relaxation &amp; Stress Mgmt Training Prgm - Home Edition, (3 CD's)</b>	<b>Charlesworth &amp; Peiffer</b>
	72.00	Relaxercise Sensory Motor Learning – 4-CD's	Zemach-Bersin & Reese
	19.95	Resonant Tuning - Mind Food CD	Hemi Sync
	15.95	Sleep Soundly CD A Soundtrack for Sleep	Steven Halpern

★★	<b>58.00 Smoke Free: Smoking Cessation Program (CD set)</b>	<b>Ellen Chernoff Simon</b>
	30.00 Somatic Exercise Yoga (3 tapes)	E. Criswell-Hanna, Ed.D.
	30.00 Somatic Relaxation – A passive relaxation exercise (tape set)	E. Criswell-Hanna, Ed.D.
	15.95 Sound Healing – enable natural state of balance & harmony CD	Steven Halpern
	16.95 Spiritual Centering–Guided Meditation through a quiet forest CD	Donald & Nancy Tubesing
	40.00 Stress Control w/ Biofeedback ( 4 tapes)	Sideroff
	13.95 Stress Reduction CD	McKay
	16.95 Stress R-E-L-E-A-S-E CD	Whole Person Assoc.
	19.95 Synchronizing Hemi Sync CD	Hemi-Sync
	16.95 Take a Deep Breath CD	Hemi-Sync
	14.95 The Way of Hemi-Sync Mind-Food (CD)	Hemi-Sync
	11.95 Thought Stopping (CD)	New Harbinger
	7.95 Time Out From Stress - Volume 1 (1 tape)	Music (New Harbinger)
	7.95 Time Out From Stress - Volume 2 (1 tape)	Music (New Harbinger)
	72.00 TMJ Health 4 CD's	Zemach-Bersin & Reese
★★	<b>99.00 Turning Pain into Serenity CD set</b>	<b>Harve Meskin, M.F.T.</b>
	16.95 Warm and Heavy CD (Warm-Female/Heavy-Male)	
	17.95 Why People Don't Heal (2 tapes)	Caroline Myss
	16.95 Worry Stoppers CD: Breathing & Imagery to Calm the Restless Mind	Whole Person Associates

### Video List

	24.95 Biofeedback: Yoga of the West	Hartley Film foundation
	39.95 Fun of Stress (2 videos- Joy of Stress & Humor Your Stress)	Loretta LaRoche
	29.95 The Healing Tape	Hartley Films
<b>NEW!!</b>	<b>49.95 Imaginative Medicine: Hypnosis in Pediatric Practice (DVD)</b>	<b>Sugarman</b>
	19.95 The Inner Art of Meditation	Jack Kornfield
	30.00 Fun of Stress VHS	LaRoche
	19.95 Joy of Stress DVD	LaRoche
	39.95 Sleep Eazy-Fall Asleep, Stay Asleep Easy (1book, 1 tape, 1video) 1999	Sarena Morello

### Instructor's Classroom & Lab Manuals

	60.00 Manual for Professional Biofeedback & Neurofeedback Seminar	Hughes & Anderson
	75.00 BK-NeXus Lab for Biofeedback	Tony Hughes, Ph.D.
	45.00 BK-NeXus Lab for Neurofeedback	John Anderson, M.A.

<b><u>5-Day Professional Biofeedback Certificate Program</u></b>		<b><u>4-Day EEG Neurofeedback Certificate Program</u></b>		<b><u>5-Day Quantitative EEG Program</u></b>	
<b>\$1295.00</b>		<b>\$1095.00</b>		<b>\$1295.00</b>	
Anaheim, CA	Feb. 18-22	Anaheim, CA	< none >	Mill Valley, CA	Dec. 9-13
Baltimore, MD	Mar. 5-7	Baltimore, MD	Mar. 1-4		
SF Bay Area/Mill Valley	April 21-25	SF Bay Area/Mill Valley	Apr. 26-29	<b><u>3-Day Quantitative EEG</u></b>	
Atlanta, GA	May 12-16	Atlanta, GA	May 17-20	Anaheim, CA	June 26-28
Anaheim, CA	June 16-20	Anaheim, CA	June 23-26	Minneapolis, MN	Nov. 4-6
Chicago/St. Charles, IL	July 21-25	Chicago/St. Charles, IL	July 26-29	Mill Valley, CA	Dec. 9-12
SF Bay Area/Oakland	August 11-13	SF Bay Area/Oakland	< none >	<b><u>2-Day Advanced Biofeedback HRV/Pain Applications</u></b>	
Orlando, FL	Sept. 11-15	Orlando, FL	Sept. 16-19	<b>\$495</b>	
Minneapolis, MN	October 27-31	Minneapolis, MN	Nov. 1-4	Anaheim, CA	June 21-22
Austin, TX	Nov. 10-14	Austin, TX	Nov. 15-18		
SF Bay Area/Mill Valley	December 1-5	SF Bay Area/Mill Valley	Dec. 6-9		
<b><u>1-Day Introduction to Biofeedback *</u></b>		<b><u>1-Day Introduction to EEG Neurofeedback *</u></b>		<b><u>1-Day Introduction to OEEG Quantitative EEG Program**</u></b>	
<b>\$1295.00</b>		<b>\$245.00</b>		<b>\$245.00</b>	
Anaheim, CA	Feb. 18	Baltimore, MD	Mar. 1	Baltimore, MD	Mar. 4
Baltimore, MD	Mar. 5	SF Bay Area/Mill Valley	Apr. 26	SF Bay Area/Mill Valley	Apr. 29
SF Bay Area/Mill Valley	April 21	Atlanta, GA	May 17	Atlanta, GA	May 20
Atlanta, GA	May 12	Anaheim, CA	June 23	Anaheim, CA	June 26
Anaheim, CA	June 16	Chicago/St. Charles, IL	July 26	Chicago/St. Charles, IL	July 29
Chicago/St. Charles, IL	July 21	Orlando, FL	Sept. 16	Orlando, FL	Sept. 19
SF Bay Area/Oakland	August 11	Minneapolis, MN	Oct. 25	Minneapolis, MN	Nov. 4
Orlando, FL	Sept. 11	Austin, TX	Nov. 15	Austin, TX	Nov. 18
Minneapolis, MN	October 27	SF Bay Area/Mill Valley	Dec. 6	SF Bay Area/Mill Valley	Dec. 9
Austin, TX	Nov. 10				
SF Bay Area/Mill Valley	December 1				

\*1-Day Intro to BF & EEG is formatted as a stand-alone 1-day program, however it is the first day of the 5- & 4-Day BF & EEG Programs  
 \*\*1-Day Intro to Quantitative EEG is the last day of the 4-Day EEG Program, however it is formatted to stand alone as a 1-day program, but serves as the 1<sup>st</sup> day of each 3- & 5-Day QEEG Programs

All of Stens Corporation courses are approved for Continuing Education Hours (CEH) by the APA, BCIA, Board of Registered Nurses for the State of California, California Psychological Association, Board of Behavioral Sciences, and the National Athletic Training Association.



**THANK YOU FOR YOUR BUSINESS!**

---

*"I have had very positive interactions with Stens. Their service is great! I can call an 800 number where I find the familiar voices of people with whom I have trained and purchased equipment and get the technical and clinical support I need."*

.....**Jud Reaney, MD, BCIAC**

---

If you are interested in learning more about biofeedback instruments, the Stens Corporation is an international leader in sales of all major lines of equipment, and we would be happy to send you more detailed brochures for any of the instruments listed in this catalog. Our staff includes computer specialists who provide consultation and training on all computerized systems. We offer state of the art technology backed by reliable and comprehensive technical support.

Stens Corporation offers the Professional Biofeedback Certification Training Program to assist you in learning how to work with most of the instruments listed in this catalog. Our 5-day workshops provide excellent hands-on instrument training and a strong foundation in the principles of clinical biofeedback training. See our training brochure for more information.



*Biofeedback Instrumentation and Seminars*  
3020 Kerner Blvd., Suite D, San Rafael, California 94901  
800-257-8367 Fax: 415-455-0333  
Email: [sales@stens-biofeedback.com](mailto:sales@stens-biofeedback.com)  
Web: [www.stens-biofeedback.com](http://www.stens-biofeedback.com)